

5 September 2021

I was introduced to ARPwave and Neuro Therapy in October of 2018 while I was the Director of the Center for Musculoskeletal Care at Yale School of Medicine and Yale New Haven Hospital and Professor of Orthopaedics and Rehabilitation at Yale School of Medicine.

I was fortunate to see firsthand the unique power of the ARPwave technology and most importantly the Neuro Therapy protocols. The founder Denis Thompson treated my husband and my daughter. Both had improvement in their symptoms from the very first session. My daughter is a high-performance athlete and attributes her PR performance to the therapy she received with Denis. She continues to use it.

Research on the effectiveness of ARP wave therapy is in its infancy. One small study in ACL reconstructed patients showed an overall mean circumferential 3:1 gain in thigh circumference in those subjects with ARP wave therapy vs. control suggesting that it is a powerful tool in reversing disuse atrophy.¹ Certainly more research is needed to objectively demonstrate the appropriate application and effectiveness of ARP wave therapy.

In my opinion, ARP wave technology is a pioneer in accelerating recovery after musculoskeletal injury and surgeries and enhancing athletic performance. I look forward to the opportunity to work with Denis and the ARP wave team to advance musculoskeletal health.



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1. Wright AR, Richardson AB, Kikuchi CK, Goldberg DB, Marumoto JM, Kan DM. Effectiveness of Accelerated Recovery Performance for Post-ACL Reconstruction Rehabilitation. *Hawaii J Health Soc Welf.* 2019 Nov;78(11 Suppl 2):41-46. PMID: 31773110; PMCID: PMC6874690.